

SYLLABUS

THEOLOGY 690 (Special Topic): SPIRITUAL THEOLOGY

I. GENERAL INFORMATION

Department: Holy Spirit College, Theology

Course: THEO 690 (Special Topic), 3 credit hours

Term: Summer 2018 (May 15-August 23)

Course Location: Jerusalem Classroom, Malta Hall on the Holy Spirit Parish Campus

Course Time: Tues. and Thurs. at 9:30am-11:00am -or- Tues. and Thurs. at 7:00pm-8:30pm

Instructor: Dr. Chris Gustafson

Instructor Email: CGustafson@holyspiritcollege.org

Office Location: Administrative Office, Holy Spirit College

Office Hours: Mon-Fri 1:00pm-5:00pm, or by appointment

This syllabus provides a general plan for the course. Deviations may be necessary.



II. COURSE DESCRIPTION

Course Description: Spiritual Theology will survey that branch of theology that, proceeding from the truths of divine revelation and the religious experience of individual persons, defines the nature of the supernatural life, formulates directives for its growth and development, and explains the process by which souls advance from the beginning of the spiritual life to its full perfection. We will employ the three stages of the spiritual life as an organizational focal point for this course. (3 credit hours)

III. STUDENT OUTCOMES

1. Students will gain a thorough understanding of the nature of the three stages of the spiritual life, involving the two dark nights as well as the purification of the various faculties and powers of the soul.
2. They will understand the nature of sanctifying grace, virtue and vice, the gifts of the Holy Spirit and how they relate to the supernatural organism.
3. Students will be able to articulate how forgiveness, prayer, infused contemplation, the temperaments and the Beatitudes relate to growth in holiness and Christian perfection.
4. They will grasp the distinction between lay and religious spirituality and will have an understanding of the nature of spiritual direction.
5. Students will read the major literature from the mystical tradition and know the significant contributions made by the high mystics.

IV. STUDENT OUTCOMES ASSESSMENT STRATEGY

The student's familiarity with the five key objectives stated above is assessed by means of classroom participation, reading quizzes, a paper and two exams.

V. COURSE REQUIREMENTS AND GRADING POLICY

1. *Overall grades.* Typically, final grades will not be posted in order to respect student privacy. The final course grade is obtained from reading quizzes, a paper, a mid-term exam, a final exam and student participation. The course grade cannot be changed after it is submitted at the end of the semester.
2. *Exam grades.* A report of a student's grade on exams will ordinarily be returned within one week. Printed exams taken in-class cannot be kept by the student. Progress reports including exam grades may be given periodically for each student to keep.
3. *Quiz grades.* A quiz will be randomly given at the beginning of class. Students may request to see their quiz grades at any point in the semester.
4. *Paper grade:* This course involves completion of one paper (10-15 pgs. – or more if necessary). More information regarding the paper assignment will be given in class. It is expected that student papers will be original. Please review the institutional policy on plagiarism and academic honesty. A copy of the student's paper should be submitted *in class* on or before the day of the Final Exam. Papers are ordinarily returned for the student to keep within two weeks of submission. The paper topic will be an overview of "The Little Way" articulated by St. Thérèse or some other spiritual classic of the student's choice. It is recommended that a rough draft of the paper be given to the instructor halfway through the course so that it might be monitored and recommendations given for the benefit of the student.
5. *Participation.* Attendance, timeliness, and prepared discussion are important factors considered when establishing a student's participation grade. Material in the texts should be read in a timely fashion.
6. *Extra credit.* Extra credit assignments will be given only at the instructor's discretion. No extra credit will be given once the academic term is over.
7. *Incompletes.* If a student desires an "incomplete" for the course, he or she must request the incomplete *prior* to the last day of class with no exceptions. Incompletes are given only for extenuating circumstances and all work must be completed by the agreed upon date of completion (see the Catalog for more details regarding the standard resolution dates for incomplete coursework). After this date, the student's grade will not be changed.
8. The course grade will be determined as follows:

Reading Quizzes (given randomly)	100 points
Participation (Attendance & Preparedness)	250 points
Paper	200 points
Mid-Term Exam	200 points
Final Exam	250 points
(Total	1000 points)

A	1000-940	B-	839-800	D+	699-670
A-	939-900	C+	799-770	D	669-640
B+	899-870	C	769-740	D-	639-600
B	869-840	C-	739-700	F	Below 600

VI. REQUIRED TEXTS:

The Didache Bible (Revised Standard Version – Second Catholic Edition). San Francisco, CA: Ignatius, 2015 (This edition is not required but recommended)

Catechism of the Catholic Church. New York, NY: Catholic Book Publishing Company. 1994. (The edition of the Catechism is irrelevant for this course)

1. De Sales, St. Francis. *The Complete Introduction to the Devout Life*. Trans. Fr. John-Julian. Brewster, MA: Paraclete Press, 2013.
2. Dubay, Thomas. *Prayer Primer: Igniting a Fire Within*. San Francisco: Ignatius, 2002.
3. John of the Cross, St. *The Collected Works of St. John of the Cross*. Trans. Kieran Kavanaugh et al. Washington, DC: ICS Publications, 1973.
4. Teresa of Avila, St. *The Collected Works of Saint Teresa of Avila: Volume Two*. Trans. Kieran Kavanaugh. Washington, DC: ICS Publications, 1980.
5. Thérèse of Lisieux, St. *Story of a Soul: The Autobiography of St. Thérèse of Lisieux (Third Edition)*. Washington, DC: ICS Publications, 1996.

VII. ADDITIONAL COURSE NOTES

1. Please turn off all cell phones and electronic devices other than laptop computers. *If using a laptop, one should sit in the back of the room in order not to distract other students.*
2. If exams are given in-class, no laptops may be used on in-class test dates.
3. All bags and purses must be zipped and put under the desk on in-class test dates.
4. *Please keep your eyes on your own work* during in-class quizzes and exams. If a student is looking at another student's quiz or exam (or if a student is displaying his or her quiz or exam in a conspicuous way), after a warning, the quiz or exam will be given a grade of 'zero.'
5. *Please refrain from talking during in-class quizzes or exams.* If there is talking during a quiz or exam, after a warning, that student's quiz or exam will be given a grade of 'zero.'
6. *Please keep excessive talking to a minimum* during the lecture. Talking is distracting for those students who are attempting to listen. If excessive talking continues during a lecture after a warning, points will be subtracted from that student's participation grade.
7. *Class attendance and participation grade.* Attendance is required for each class. Roll will be taken in each class. If the student is not present when the roll is called, the student will be marked absent. Per institutional policy (see below), students are given two grace absences for a 3 credit course and one grace absence for a 1.5 credit course. After the grace absence(s), *without a valid reason for missing class*, points will be subtracted from the student's participation grade for *each* subsequent class missed. *Valid reasons include: verifiable medical problem, hospitalization, verifiable athletic commitment, auto accident, jury duty – involuntary reasons for missing class.* Students exceeding more than four total absences (more than 2 weeks of class) without a valid reason may be at risk for administrative withdrawal from the class. The roll will be taken approximately 5-10 min. into the class period. Since tardiness is distracting for other students, if a student arrives after the time when the roll is called, they will be marked tardy for that day. No changes will be made to the attendance record unless there is a valid reason for the student's absence or tardiness.
8. *Make-up quizzes.* The purpose of the quiz is to verify that the student is reading the homework which is assigned. As such, quizzes cannot be made up. If a random quiz is given while a student is absent, the quizzes that were taken will simply be averaged together for the final quiz score.

- Week 9 Tues. 7/10 - Topic 24: The Beatitudes
 Topic 25: St. Teresa of Avila (First Half)
- Homework for next class: Homework Sheet 24: *Introduction to the Devout Life* Part 3. 24; 25; *Prayer Primer* Part 4 chs. 14-15; CCC nos. 2803-2837.
- Thurs. 7/12 - Topic 26: Forgiveness
 Topic 25: St. Teresa of Avila (Second Half)
- Homework for next class: Homework Sheets 25-26: *Introduction to the Devout Life* Part 3. 26-27; 28-29; *Prayer Primer* Part 4 chs. 16-18; CCC nos. 2828-2865; *Interior Castle* Introduction; Prologue
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- Week 10 Tues. 7/17 - Topic 27: The Holy Spirit
 Topic 28: The Cardinal Virtue of Fortitude (First Half)
- Homework for next class: Homework Sheet 27: *Introduction to the Devout Life* Part 3. 30; 31-32; *Interior Castle*; The First Dwelling Places
- Thurs. 7/19 - Topic 29: The Charisms
 Topic 28: The Cardinal Virtue of Fortitude (Second Half)
- Homework for next class: Homework Sheets 28-29: *Introduction to the Devout Life* Part 3. 33-34; 35; 36-37; 38; *Interior Castle* The Second Dwelling Places; The Third Dwelling Places
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- Week 11 Tues. 7/24 - Topic 30: The Temperaments I
 Topic 31: The Cardinal Virtue of Temperance (First Half)
- Homework for next class: Homework Sheet 30: *Introduction to the Devout Life* Part 3. 39; 40; 41; *Interior Castle* The Fourth Dwelling Places.
- Thurs. 7/26 - Topic 32: The Temperaments II
 Topic 31: The Cardinal Virtue of Temperance (Second Half)
- Homework for next class: Homework Sheets 31-32: *Introduction to the Devout Life* Part 4. 1-2; 3-4; 5-6; *Interior Castle* The Fifth Dwelling Places chs. 1-2.
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- Week 12 Tues. 7/31 - Topic 33: Divine Mercy and the Divine Attributes
 Topic 34: The Theological Virtue of Faith (First Half)
- Homework for next class: Homework Sheet 33: *Introduction to the Devout Life* Part 4. 7-8; 9-10; *Interior Castle* The Fifth Dwelling Places chs. 3-4.
- Thurs. 8/2 - Topic 35: The Dark Night of the Spirit
 Topic 34: The Theological Virtue of Faith (Second Half)
- Homework for next class: Homework Sheets 43-35: *Introduction to the Devout Life* Part 4. 11; 12; 13; 14; *Interior Castle* The Sixth Dwelling Places, chs 1-3; 4-6
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Week 13 Tues. 8/7 - Topic 36: Penance, Suffering and Reparation
 Topic 37: The Theological Virtue of Hope (First Half)

Homework for next class: Homework Sheet 37: *Introduction to the Devout Life* Part 4. 15; *Dark Night* Prologue for the Reader; Stanzas of the Soul; *Interior Castle* The Sixth Dwelling Places, chs. 7-9.

Thurs. 8/9 - Topic 38: Indulgences
 Topic 37: The Theological Virtue of Hope (Second Half)

Homework for next class: Homework Sheets 38-39: *Dark Night* Book 1 chs. 1-7; chs. 8-14; *Interior Castle* The Sixth Dwelling Places, chs. 10-11; *Interior Castle* The Seventh Dwelling Places chs. 1-2

IV. The Unitive Stage

Week 14 Tues. 8/14 - Topic 39: The Unitive Stage
 Topic 40: The Theological Virtue of Charity (First Half)

Homework for next class: Homework Sheet 39: *Dark Night* Book 2 chs. 1-8; *Interior Castle* The Seventh Dwelling Places chs. 3-4 and Epilogue.

Thurs. 8/16 - Topic 41: The Blessed Virgin Mary
 Topic 40: The Theological Virtue of Charity (Second Half)

Homework for next class: Homework Sheet 40: *Dark Night* Book 2 chs. 9-18; 19-25;

Week 15 Tues. 8/21 - Topic 42: Humility
 Topic 43: Glorious St. Joseph

Homework: Study for Final Exam

Thurs. 8/23 - **Final Exam**

ADDITIONAL BIBLIOGRAPHY FOR FURTHER STUDY

Amorth, Gabriele. *An Exorcist Explains the Demonic: The Antics of Satan and His Army of Fallen Angels*. Bedford, NH: Sophia Institute Press, 2016.

Amorth, Gabriele. *An Exorcist: More Stories*. San Francisco, CA: Ignatius, 2002

Amorth, Gabriele. *An Exorcist Tells His Story*. San Francisco, CA: Ignatius, 1999.

Aquinas, St. Thomas. *Summa Theologiae*. Translated by Dominicans of the English Province. 3 vols. New York: Benzinger, 1947.

Aumann, Jordan, OP. *Christian Spirituality in the Catholic Tradition*. San Francisco, CA: Ignatius, 1986.

Aumann, Jordan, OP. *Spiritual Theology*. Allen, TX: Christian Classics [Thomas More], 1980.

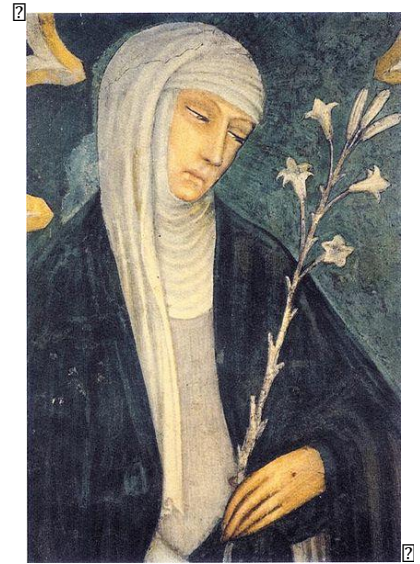
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- Catherine of Siena, St. *The Dialogue of St. Catherine of Siena*. Rockford, IL: Tan, 2010.
- Catechism of the Catholic Church*. New York, NY: Catholic Book Publishing Company, 1994.
- Clayton, David and Leila Marie Lawler. *The Little Oratory*. Manchester, NH: Sophia Institute Press, 2014.
- Cloud, Henry. *9 Things You Simply Must Do to Succeed in Life and Love*. Nashville, TN: Integrity, 2004 [This author is not Catholic].
- Cloud, Henry and John Townsend. *12 Christian Beliefs that Can Drive You Crazy: Relief from False Assumptions*. Grand Rapids, MI: Zondervan, 1994 [These authors are not Catholic].
- Cloud, Henry and John Townsend. *Boundaries (Revised Edition)*. Grand Rapids, MI: Zondervan, 1992 [These authors are not Catholic].
- De Montfort, St. Louis. *True Devotion to Mary: with Preparation for Total Consecration*. Rockford, IL: Tan Books, 2010.
- The Didache Bible (Revised Standard Version – Second Catholic Edition)*. San Francisco, CA: Ignatius, 2015
- Dubay, Thomas. *Fire Within*. St. Teresa of Avila, St. John of the Cross, and the Gospel—On Prayer. San Francisco: Ignatius, 1989.
- Dubay, Thomas. *God Dwells within Us*. Denville, NJ: Dimension Books, 1971.
- Dubay, Thomas. *Seeking Spiritual Direction*. Cincinnati, OH: Servant, 1994.
- Elizabeth of the Trinity, St. *The Complete Works of Elizabeth of the Trinity, Vol. 1*. Trans. Aletheia Kane. Washington, DC: ICS Publications, 1984.
- Elizabeth of the Trinity, St. *The Complete Works of Elizabeth of the Trinity, Vol. 2*. Trans. Aletheia Kane. Washington, DC: ICS Publications, 1995.
- Elridge, John. *Waking the Dead: The Glory of a Heart Fully Alive*. Nashville, TN: Thomas Nelson, 2006 [This author is not Catholic].
- Handbook of Indulgences: Norms and Grants*. New York, NY: Catholic Book Publishing Co., 1991.
- Hardon, John. *Catholic Dictionary*. New York, NY: Image, 1980.
- John of the Cross, St. *The Collected Works of St. John of the Cross*. Trans. Kieran Kavanaugh et al. Washington, DC: ICS Publications, 1973.
- Johnson, Vernon. *Spiritual Childhood*. San Francisco, CA: Ignatius, 2001.
- Lozano, Neal. *Unbound: A Practical Guide to Deliverance*. Grand Rapids, MI: Chosen Books, 2010.
- MacNutt, Francis. *Deliverance from Evil Spirits*. Ada, MI: Chosen Books, 2009.
- MacNutt, Francis. *Healing*. Notre Dame, IN: Ave Maria Press, 1974.
- MacNutt, Francis. *The Power to Heal*. Notre Dame, IN: Ave Maria Press, 1977.
- Meyer, Joyce. *Battlefield of the Mind (Revised Edition)*. Brentwood, TN: Warner Faith, 2002 [This author is not Catholic].
- Morrow, T.G. *Overcoming Sinful Anger*. Manchester, NH: Sophia Institute Press, 2014.

- Pieper, Josef. *The Four Cardinal Virtues*. South Bend IN: Univ. Notre Dame Press, 1966.
- Pieper, Josef. *Faith, Hope, Love*. San Francisco, CA: Ignatius, 1997.
- Rolle, Richard. *The Fire of Love*. London: Penguin, 1972.
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- Teresa of Avila, St. *The Collected Works of Saint Teresa of Avila: Volume One* (Second Edition – Revised). Trans. Kieran Kavanaugh. Washington, DC: ICS Publications, 1987.
- Thomas à Kempis. *The Imitation of Christ*. Rockville, IL: TAN, 1991.
- Ward, Benedicta. *The Sayings of the Desert Fathers*. Collegeville, MN: Cistercian Publications, 1975.

Prayer of St. Catherine of Siena – My Nature Is Fire

In your nature, eternal Godhead,
 I shall come to know my nature.
 And what is my nature, boundless love?
 It is fire,
 because you are nothing but a fire of love.
 And you have given mankind
 a share in this nature,
 for by the fire of love you created us.
 And so with all other people
 and every created thing;
 you made them out of love.
 O ungrateful people!
 What nature has your God given you?
 His very own nature!
 Are you not ashamed to cut yourself off from such a noble thing
 through the guilt of deadly sin?
 O eternal Trinity, my sweet love!
 You, light, give us light.
 You, wisdom, give us wisdom.
 You, supreme strength, strengthen us.
 Today, eternal God,
 let our cloud be dissipate
 so that we may perfectly know and follow your Truth in truth,
 with a free and simple heart.
 God, come to our assistance!
 Lord, make haste to help us!

Amen.



St. Catherine of Siena (1400)
Doctor of the Church
 Andrea Vanni (1332 – 1414)

